

# **Health Priorities for Tasmanians**

# 2024 Election

The following are a list of initiatives that meets the needs of Tasmanians that will:

- i. improve access to health care for regional and remote communities
- ii. improve Tasmanian's ability to stay healthy
- iii. strengthen accountability across the Health Portfolio
- iv. reduce cost of living pressures for people requiring repeat visits to health care
- v. ensure the ongoing work of Health Consumers Tasmania is able to continue

### Access to regional and remote health care

- 1. Each regional and remote LGA has access to a mobile health hub and or a similar health information hub to provide a mix of outreach health care, social and mental wellbeing support, information and navigational support.
- Each regional and remote LGA across Tasmania has a community-led decision-making body to ensure local communities have a say on the mix of health care service in their locality. (HCT State Budget Priority Statement -Health Wellbeing Model)
- 3. Provide ongoing annual funding for place-based health and wellbeing networks (Health Consumers Tasmania State Budget Priority Statement)
  - 5.1 Scottsdale, the Huon and Ulverstone (\$990,000 per annum)
  - 5.2 Ouse (\$230,000 per annum)
- 4. Tasman Peninsula
  - 3.1 The Nubeena Medical Centre has the capacity and resources to provide 24/7 urgent care including additional registered nurses and a nurse practitioner
  - 3.2 Upgrade Telehealth infrastructure at the Nubeena MPS to allow for community use for medical and specialist consults
  - 3.3 Employ an extended care paramedic and 2<sup>nd</sup> ambulance and crew (double branch station) be located on the Peninsula
  - 3.4 Employ a social worker to support young adults on the Peninsula
- 5. The Ouse Community have access to
  - 4.1 A nurse practitioner model of care supported by an advanced care paramedic
  - 4.2 Upgrade Telehealth to allow the community to use for medical consults
  - 4.3 Upgrade health transport for locals to access the Ouse Community Health Centre and essential health services outside of the local community.
- 6. For all regional and remote LGA's across Tasmania where access to healthcare is either problematic or does not exist, establish nurse practitioner model of care, supported by advanced care paramedic and telehealth services to a supporting GP practice

#### **Health Prevention**

- 7. Health Consumers Tasmania requests that every Tasmanian, if they choose, can have access to a free health and well-being check once every two years health prevention.
- 8. Expand delivery of healthcare to the homeless or those at risk of becoming homeless.

### **Health Sector**

- 9. Establish an independent Health Commissioner that is separate from Government with extensive powers to: investigate complaints and undertake its own investigations, independently review Government progress on delivering recommendations on health related reviews or enquiries (for example the parliamentary transfer of care review). This office needs to include a stronger consumer driven, coordinated approach for the health complaints process which includes better and more coordinated mechanisms for complaints and consumer feedback to occur.
- 10. Update appropriate Hospital policies and procedures that allow patients the right to request
  - 10.1 telehealth consuls as an option to reduce the burden and cost of travel, particularly for follow up procedures
  - 10.2 multiple visits (eg, pre and post-surgery) to occur on the same day rather than requiring multiple trips to the hospital on different days

#### **Funding Health Consumers Tasmania**

11. Provide a base increase in HCT core funding amount from \$300,000 per annum (set in 2016) to \$750,000 per annum.

The 10 priority areas that the Tasmanian Government needs to focus on relating to health and wellbeing are listed below. These can be categorized as either:

- i. The broader social issues that impact a person's health and wellbeing these include: Housing and Cost-of-Living issues
- Hospital Performance
  Emergency department and Elective surgery and outpatient wait times
  Ambulance ramping
- iii. Access to health care community-based health services Mental health services
   Increased options for after-hours medical services
   Improving rural health service access including mobile 'health hubs' for rural areas Dental/Oral Health Services

Mental health services33.3Emergency department wait times29.3Increased options for after-hours medical services28.5Elective surgery and outpatient wait times25.2Cost-of-Living25.2Improving rural health service access23.6Dental/Oral Health Services22.8Ambulance ramping22.0Mobile 'health hubs' for rural areas21.1Expanding Virtual Care and telehealth20.3A greater focus on health promotion activities20.3Health literacy programs19.5People to guide us through the health system (Health Care Navigation)18.7Social Prescribing (doctors refer people to social support in addition to clinical support)17.9Urgent Care Clinics in your area17.9Developing place-based solutions to local health problems13.8Transitions of Care (eg. from hospital to home)13.0Improving mental wellbeing11.4Improving Transport10.6Community nursing8.9Youth health initiatives8.9Screening and imaging (improved access and affordability)8.1Ending loneliness5.7	Priority areas for Governments to focus <sup>1</sup>	Percen
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Improving care options and support for Long COVID 1.6	Ending loneliness	5.7
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 $<sup>^1\,\</sup>text{HCT}$  Community of Interest Survey – 130 participants, 1 August 2023